



## ROAD CROSS COUNTRY RUNNING PROGRAM 2007

| DATE                 | EVENT                  | VENUE                      | Points/ Medal |
|----------------------|------------------------|----------------------------|---------------|
| <b>APRIL</b>         |                        |                            |               |
| Sat 21 <sup>st</sup> | Suhard Shield          | Ellis Pk Adelaide          | Points        |
| Sat 28 <sup>th</sup> | City Relays            | Peacock Rd Adelaide        | Points        |
| <b>MAY</b>           |                        |                            |               |
| Fri 4 <sup>th</sup>  | Short Course X Country | Flinders University        | Points/ Medal |
| Sun 20 <sup>th</sup> | Series 1               | CBC Oval Pk15 Adelaide     |               |
| Sun 27 <sup>th</sup> | Half Marathon          | Tanunda                    | Points/ Medal |
| <b>JUNE</b>          |                        |                            |               |
| Fri 1 <sup>st</sup>  | SASSA/SAPSASA          | Victoria Pk Adelaide       |               |
| Sat 2 <sup>nd</sup>  | SAMA/ASA 5/10km        | Peacock Rd                 |               |
| Sat 9 <sup>th</sup>  | Intermediate X Country | Waite Institute            | Points/ Medal |
| Mon 11 <sup>th</sup> | Queens Birthday Hcp    | Peacock Rd Adelaide        |               |
| Sun 17 <sup>th</sup> | Series 2               | CBC Oval Pk15 Adelaide     |               |
| Wed 20 <sup>th</sup> | ASA All Schools        | CBC Oval                   |               |
| Sat 23 <sup>rd</sup> | Mountain Run           | Anstey Hill Tea Tree Gully | Points        |
| <b>JULY</b>          |                        |                            |               |
| Sun 1 <sup>st</sup>  | 5/10 km Road Champs    | Adelaide TBA               | Points/ Medal |
| Sun 8 <sup>th</sup>  | Series 3               | CBC Oval Pk 15 Adelaide    |               |
| Sat 14 <sup>th</sup> | SAMA/ASA4km/8km        | East Tce                   |               |
| Sat 21 <sup>st</sup> | Long Course X Country  | Victoria Pk                | Points/ Medal |
| Sat 28 <sup>th</sup> | Ern Jolly              | Ellis Pk                   |               |
| <b>AUGUST</b>        |                        |                            |               |
| Sat 4 <sup>th</sup>  | St Marys X Country     | Shepherds Hill Res         | Points        |
| Sun 12 <sup>th</sup> | Series 4               | CBC Oval Pk15 Adelaide     |               |
| Sat 18 <sup>th</sup> | ASA X Country Relays   | East Tce                   | Points        |
| Sun 26 <sup>th</sup> | State Marathon         | Adelaide                   | Medal         |
| <b>SEPTEMBER</b>     |                        |                            |               |
| Sat 1 <sup>st</sup>  | National x Country     | Perth                      |               |
| Sun 16 <sup>th</sup> | City Bay               | Adelaide                   | Points        |